



SEPTEMBER 2024

Wednesday 4th - Sunday 8th

WEDNESDAY 4	time	location
Registration	2:00 pm - 5:00 pm	Longhouse (#78)
Gentle Stretch Yoga	4:30 pm - 5:15 pm	Sap House (#38)
Late Registration	5:00 pm - 9:00 pm	Rockywold Office (#22)
Dinner	6:00 pm - 7:00 pm	Rockywold Dining Hall (#23)
Opening Ceremony	8:00 pm - 9:00 pm	Playhouse (#48)

THURSDAY 5	time	location
Breakfast	7:30 am - 8:30 am	Rockywold Dining Hall
Classes	9:00 am - 12:00 pm	
Lunch	12:15 pm - 1:15pm	Rockywold Dining Hall
Classes	1:30 pm - 3:30 pm	
Gentle Stretch Yoga	4:30 pm - 5:15 pm	Sap House (#38)
Dinner	6:00 pm - 7:00 pm	Rockywold Dining Hall
Book Chat + Stitch	7:30 pm - 8:30 pm	Playhouse

FRIDAY 6	time	location
Breakfast	7:30 am - 8:30 am	Rockywold Dining Hall
Classes	9:00 am - 12:00 pm	
Lunch	12:15 pm - 1:15 pm	Rockywold Dining Hall
Classes	1:30 pm - 3:30 pm	
Dinner	6:00 pm - 7:00 pm	Rockywold Dining Hall
Gentle Stretch Yoga	7:30 pm - 8:30 pm	Playhouse
Game Night	7:30 pm - 8:30 pm	Deephaven Dining Hall
Stitch Circle	7:30 pm - 8:30 pm	Deephaven Dining Hall

SATURDAY 7	time	location
Morning Meditation	6:45 am - 7:30 am	Playhouse
Breakfast	7:30 am - 8:30 am	Rockywold Dining Hall
Play & Explore	* ALL DAY *	hike, kayak, swim, relax
Book Play	10:30 am - 11:30 am	Deep Dining Hall
Botanical Sketching	10:30 am - 11:30 am	Playhouse
Lunch	12:15 pm - 1:15pm	Rockywold Dining Hall
Group Photo	1:30 pm SHARP	Rockywold Dock
MARKETPLACE	2:30 pm - 3:30 pm	Deep Dining Hall
Tea Ceremony	4:00 pm - 5:00 pm	Rec Hall
Dinner	6:00 pm - 7:00 pm	Rockywold Dining Hall
Closing Ceremony	8:00 pm - 9:00 pm	Playhouse

SUNDAY, 8	time	location
Breakfast	7:30 am - 8:30 am	Rockywold Dining Hall
Check out	11:00 am	

NOTE:
 There will be YOGA in SAP HOUSE (38)
 4:30pm - 5:15pm on Wednesday for anyone who
 wants to stretch a bit after your long travel.

Mats provided for all yoga classes.