



INTO THE MYSTIC :: SCHEDULE

Wednesday, August 14th – Sunday, August 18th // Wednesday, August 21st

WEDNESDAY, AUGUST 14th

	time
Registration	4:00 pm
Dinner	6:00 pm
Opening Circle	7:30 pm

Our intention for the week is that this beautiful setting will inform or time together so that we are wrapped in a sensation of spaciousness, fluidity and ease.

By releasing ourselves from the constraints of a daily schedule, we allow the time and space for our creativity to flow.

SUNDAY, AUGUST 18th

	time
Departure CORE Retreat	11:00am

Of course, there will be structured time with our teachers, but these offerings have been mindfully shaped to enhance and expand organic making from spirit and a sense of play. You don't have to worry about signing up for classes. The workshops will be available in a sequence so that we get to enjoy all of them.

WEDNESDAY, AUGUST 21st

	time
Departure FULL WEEK Retreat	11:00am

There will also be solo + group time, yoga, hiking and evening gatherings. We are beyond excited to see you there!

Nature does not hurry, yet everything is accomplished.

- Lao Tzu